*Oggolaanshaha Sahaminta Carruurta Caafimaad qabta ee California*

***Sanad Dugsiyeedka***

***DUGSIGA HOOSE***

Waalidka ama Masuulka Qaaliga ah:

Waxaa ilmahaaga la weydiinayaa in uu ka qayb qaato Sahaminta Carruurta Caafimaad qabta ee California (California Healthy Kids Survey) (CHKS) ee dugsigayaga, oo ay kafaalo qaadday Waaxda Waxbarashada (Department of Education) ee California. Sahamintani waa mid aad muhiim u ah oo lagu abaabuli karo in dhallinyaradeenu ay wanaajiyaan caafimaadka iyo wanaagqabka, lagu wanaajin karo goobta waxbarashada dugsiga, oo lagula dagaallami karo dhibaatooyinka ay ka mid yihiin xadgudubka mukhaadaraadka iyo rabshaddu. *Ilmahaaga khasab kuma aha in uu sahaminta buuxiyo. Ikhiyaar ayaa ka qaybqaadashada loo leeyahay waxaana loogu baahan yahay rukhsayntaada.*

**Waxa ku jira Sahaminta**. Sahaminta waxaa lagu soo gurayaa macluumaad ku saabsan taageerooyinka horumarka ee la siiyo dhallinyarada; sax ahaanta dugsiga iyo carqaladaha hortaagan waxbarashada; habdhaqannada ay ka mid yihiin firfircoonida jirka iyo caadooyinka cuntada; khamriga, tubaakada, iyo mukhaadaraadka kale ee la qaato; iyo badbaadada dugsiga.

Waxaad xogwaraysiga ka eegi kartaa xafiiska dugsiga ama barta internetka degmadaada [INSERT DISTRICT WEB ADDRESS].

Natiijooyinka ka soo baxa sahamintan waxaa la iskugu geeyaa Warbixinnada heer degmeed iyo goboleed ee ku saabsan sahaminta CHKS. Si aad u aragto nuqulka warbixinta degmadaada, tag halkan https://calschls.org/reports-data/search-lea-reports oo ku dhex garaac magaca degmada.

**Ikhiyaar ayaa loo Leeyahay**. Ardayda, marka aad rukhayso, oggolaada in ay ka qayb qaataan khasab kuma aha in ay ka jawaabaan su'aalaha aanay rabin in ay ka jawaabaan, oo waqti kaste ayay sahaminta joojin karaan.

**Waa mid aanan Magac lahayn**. Magaac laguma dhex qoro oo laguma lifaaqo foomamka ama xogta sahaminta. Natiijooyinka waxaa falanqaynta loo diri doonaa marka keliya ee si adag loo ilaaliyo sirta.

**Fulinta**. Waxaa sahaminta la fulin doonaa maalinta [DATE OF SURVEY ADMINISTRATION].

**Halisaha Suurogalka ah.** Ma jiraan haliso la og yahay oo waxyeello jirka ah u keeni kara ilmahaaga. Waxaa aad u yar halisaha waxyeellada cilminafsiyeed ama bulsheed. Midna lama soo sheegin waqtiga 22 sano ah ee sahaminta la soo fulinayey.Marar dhif ah, waxaa laga yaabaa in xoogaa raaxo darro ah laga dareemo su'aalaha.Adeegyada caqlicelinta ee dugsiga ayaa diyaar u ahaan doona in ay ka jawaabaan su'aalaha shakhsi ahaaneed ee soo shaac baxa.

**Si aad u hesho Macluumaad Dheeraad ah**. Sahaminta waxaa soo saartay WestEd, xarun waxbarasho, oo dawli ah, oo aanan macaash ku shaqaynin. Haddii aad su'aalo ka qabto sahamintan, ama xuquuqdaada, degmada ka wac [INSERT NAME AND PHONE NUMBER OF DISTRICT CONTACT].

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**Foomka Oggolaanshaha Waalidka ee Sahaminta Carruurta Caafimaad qabta ee California**

Fadlan halkan hoose sax ugu calaamadee haddii aad rukhsadda bixinayso iyo haddii kale, saxiix, oo ku soo celi foomkan saddex maalmood gudahood adigoo u soo celinaya macallinka qaybiyey.

\_\_\_ Anigu ***waan rukhsaynayaa*** in ilmahayga lagu daro Sahaminta Carruurta Caafimaad qabta ee California.

\_\_\_ Anigu ***ma rukhsaynayo*** in ilmahayga lagu daro Sahaminta Carruurta Caafimaad qabta ee California.

Saxiixa: Taariikhda:

Magaca ilmahaygu waa:

(Fadlan Xuruuf waaweyn ku dhig)

WAAD KU MAHADSAN TAHAY BUUXINTA IYO SOO CELINTA FOOMKAN OGGOLAANSHAHA.