COVID-Related School Closures and Academic Motivation

Data from the California Healthy Kids Survey indicate that the COVID-19 pandemic and related school building closures reduced students’ academic motivation and likely reduced students’ interest in and ability to focus on schoolwork.

Key Takeaways

- Academic motivation declined substantially in 2020-21.
- One-third or fewer students agreed or strongly agreed that they were interested in the schoolwork they did remotely.
- Nearly 60% of 11th graders agreed or strongly agreed that it was hard to stay focused on schoolwork in 2020-21.

Measuring Academic Motivation

**Motivation (% Agree+)**
- I try hard to make sure I am good at my schoolwork.
- I try hard on my schoolwork because I am interested in it.
- I work hard to try to understand new things when doing my schoolwork.
- I am always trying to do better in my schoolwork.

**Interest (% Agree+)**
- I am interested in the schoolwork I do when participating in school from home.

**Focus (% Agree+)**
- It is hard for me to stay focused when doing my schoolwork.

What Can Schools Do to Improve Academic Motivation and Engagement?

- Foster caring teacher-student relationships
  - Helps internalize the value of school success
- Create supportive learning environments
  - Helps students connect personal goals, interests, and values to classroom learning
- Provide opportunities for peer collaboration
  - Helps meet students’ need for positive social interaction and increases positive attitudes toward school
- Offer extra support and academic help
  - Promotes students’ sense of efficacy, mastery, and self determination

How Does Your District and School Compare?

- CalSCHLS Public Data Dashboard.
  [https://calschls.org/videos/686056039/](https://calschls.org/videos/686056039/)
- CalSCHLS District Private Data Dashboard.
  [https://calschls.org/videos/412502180/](https://calschls.org/videos/412502180/)

1 California Student Mental Health and Wellness Project, March 2022
[https://calschls.org/docs/covidrelatedschoolclosuresmh.pdf](https://calschls.org/docs/covidrelatedschoolclosuresmh.pdf)