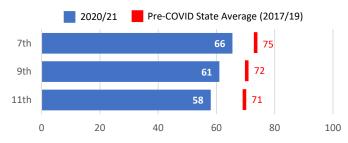




COVID-Related School Closures and Academic Motivation

Data from the California Healthy Kids Survey indicate that the COVID-19 pandemic and related school building closures reduced students' academic motivation and likely reduced students' interest in and ability to focus on schoolwork.

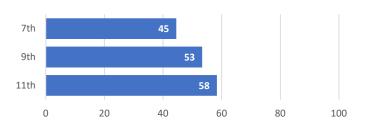
Academic Motivation



Interest in Schoolwork from Home



Hard to Focus on Schoolwork



How Does Your District and School Compare?

- CalSCHLS Public Data Dashboard.
 https://calschls.org/videos/686056039/
- CalSCHLS District Private Data Dashboard.
 <u>https://calschls.org/videos/412502180/</u>

Key Takeaways

- Academic motivation declined substantially in 2020-21.
- One-third or fewer students agreed or strongly agreed that they were interested in the schoolwork they did remotely.
- Nearly 60% of 11th graders agreed or strongly agreed that it was hard to stay focused on schoolwork in 2020-21.

Measuring Academic Motivation

Motivation (% Agree+)

- I try hard to make sure I am good at my schoolwork.
- I try hard on my schoolwork because I am interested in it.
- I work hard to try to understand new things when doing my schoolwork.
- I am always trying to do better in my schoolwork.

Interest (% Agree+)

- I am interested in the schoolwork I do when participating in school from home.

Focus (% Agree+)

- It is hard for me to stay focused when doing my schoolwork.

What Can Schools Do to Improve Academic Motivation and Engagement?

- Foster caring teacher-student relationships
 - Helps internalize the value of school success
- Create supportive learning environments
 - Helps students connect personal goals, interests, and values to classroom learning
- Provide opportunities for peer collaboration
 - Helps meet students' need for positive social interaction and increases positive attitudes toward school
- Offer extra support and academic help
 - Promotes students' sense of efficacy, mastery, and self determination

¹ California Student Mental Health and Wellness Project, March 2022 https://calschls.org/docs/covidrelatedschoolclosuresmh.pdf