CALIFORNIA

healthy kids SURVEY

## Core Survey

### **Elementary School Questionnaire**

### 2024-2025

BLACK = ALL GREEN = In-School Only RED = Remote Only

This survey asks about your experiences related to your school and health.

This survey is voluntary. **You do not have to complete this survey,** but we hope that you will. We need your help!

Your answers will help improve your school.

Please read every question carefully.

### Thank you for taking this survey!

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### 1. Which of the following <u>best describes</u> your school schedule <u>during the past 30 days</u>?

- A) I went to school in person at my school building for the entire day, Monday through Friday. [In-School Model]
- B) I participated in school from home for the entire day on most or all weekdays and did <u>not</u> go to school in person. [Remote Learning Model]

### 2. Are you female or male?

- A) Female
- B) Male

### 3. What grade are you in?

- A) 3rd grade
- **B)** 4th grade
- C) 5th grade
- **D**) 6th grade

### 4. What is your race or ethnicity? (Mark All That Apply.)

- A) American Indian or Alaska Native
- **B)** Asian or Asian American
- C) Black or African American
- **D)** Hispanic or Latino/a
- 5. Did you eat breakfast this morning?
  - A) No
  - **B**) Yes
- 6. How many days a week do you usually go to your school's afterschool program?
  - A) 0 days
    B) 1 day
    C) 2 days
    D) 3 days
    E) 4 days
    F) 5 days

- E) Native Hawaiian or Pacific Islander
  - White

F)

G) Something else

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### 7. What time did you go to bed last night?

- A) Before 9:00 pm
- **B**) Between 9:00 pm and 10:00 pm
- C) Between 10:00 pm and 11:00 pm
- **D**) Between 11:00 pm and midnight
- E) After 12:00 am

### 8. In the past <u>30 days</u>, how often did you miss an entire day of school for any reason?

- A) I did not miss any days of school in the past 30 days
- **B**) 1 day
- C) 2 days
- **D)** 3 or more days

# The next questions ask about your experiences participating in <u>school from home</u>.

Participating in <u>school from home</u> means that, instead of going to a school building <u>in person</u> to learn and complete schoolwork, you did all your schoolwork and learning from home.

- 9. In the past <u>30 days</u>, how many weekdays in an average week did you participate in <u>school from</u> <u>home</u> for the entire school day?
  - A) 0 days
  - **B**) 1 day
  - C) 2 days
  - D) 3 days
  - E) 4 days
  - F) 5 days

## 10. On the average weekday, how much of your day did you spend learning and completing <u>schoolwork from home</u>?

- A) Less than 1 hour
- **B)** Between 1 and 2 hours
- **C)** Between 2 and 3 hours
- **D**) Between 3 and 4 hours
- **E)** Between 4 and 5 hours
- **F)** More than 5 hours

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#### How many days in the past week did you participate in an online class from home where your 11. teacher talked to students from a computer, phone, or tablet (iPad)?

- A) 0 days
- B) 1 day
- **C**) 2 days
- D) 3 days
- E) 4 days
- F) 5 days

### 12. In the past 30 days, how often did you miss an entire day of school from home for any reason?

- I did not miss any days of school from home in the past 30 days **A**)
- B) 1 day
- 2 days **C**)
- D) 3 or more days

#### 13. Do you get really bored participating in school from home

- **A**) No, never
- Yes, some of the time B)
- Yes, most of the time **C**)
- Yes, all of the time D)

#### Do the teachers and other grown-ups from your school provide you with interesting activities to 14. do while you are learning from home?

- A) No, never
- Yes, some of the time B)
- C) Yes, most of the time
- Yes, all of the time D)

### The next questions ask about your relationships with people at school and your learning experiences.

### Do you feel close to people at school?

- No, never A)
- Yes, some of the time B)
- C) Yes, most of the time
- Yes, all of the time D)

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### 16. Do you feel close to people from this school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 17. Are you happy to be at this school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D)** Yes, all of the time

### 18. Are you happy with this school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 19. Do you feel like you are part of this school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 20. Are the students at your school motivated to learn?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 21. Are the students from your school motivated to learn?

#### A) No, never

- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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### 22. Do teachers treat students fairly at school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 23. Do teachers treat students fairly?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 24. Is your school building neat and clean?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 25. Do the teachers and other grown-ups from your school check on how you are feeling?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 26. Are you given a chance to help decide school activities or rules?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 27. Are you given a chance to help decide school activities or rules when you participate in school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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#### Do the teachers and other grown-ups at school care about you? 28.

- A) No, never
- B) Yes, some of the time
- Yes, most of the time C)
- D) Yes, all of the time

#### 29. Do the teachers and other grown-ups at school tell you when you do a good job?

- A) No, never
- B) Yes, some of the time
- **C**) Yes, most of the time
- Yes, all of the time D)

#### 30. Do the teachers and other grown-ups at school ask you about your ideas?

- A) No, never
- B) Yes, some of the time
- Yes, most of the time C)
- D) Yes, all of the time

#### 31. Do the teachers and other grown-ups give you a chance to solve school problems?

- A) No, never
- Yes, some of the time B)
- Yes, most of the time C)
- D) Yes, all of the time

#### Do you get to do interesting activities at school? 32.

- No, never A)
- Yes, some of the time B)
- C) Yes, most of the time
- **D**) Yes, all of the time

#### 33. Do you get to do interesting activities when you participate in school?

- A) No, never
- B) Yes, some of the time
- Yes, most of the time C)
- D) Yes, all of the time

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### 34. Are you given a chance to help decide class activities or rules?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D)** Yes, all of the time

### 35. Are you given a chance to help decide class activities or rules when you participate in school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 36. Do your teachers ask you what you want to learn about?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 37. How well do you do in your schoolwork?

- A) I'm one of the best students
- **B)** I do better than most students
- C) I do about the same as others
- **D)** I don't do as well as most others

### 38. Do the teachers and other grown-ups at school listen when you have something to say?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### **39.** Do the teachers and other grown-ups at school believe that you can do a good job?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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### 40. Do you do things to be helpful at school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D)** Yes, all of the time

### 41. Do you do things to be helpful when you participate in school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 42. Do the teachers and other grown-ups at school make an effort to get to know you?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 43. Do the teachers and other grown-ups at school want you to do your best?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 44. Are the school rules fair?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 45. Do teachers and other grown-ups at school treat students with respect?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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### 46. Are students treated fairly when they break school rules?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 47. Are students at this school well behaved?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D)** Yes, all of the time

### 48. Are students from this school well behaved?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 49. Do students know what the rules are?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 50. Does your school help students resolve conflicts with one another?

- A) No, never
- **B**) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

#### 51. Does your school teach students to understand how other students think and feel?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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### 52. Does your school teach students to feel responsible for how they act?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 53. Does your school teach students to care about each other and treat each other with respect?

- A) No, never
- **B**) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 54. Do the teachers and other grown-ups make it clear that bullying is not allowed?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 55. If you tell a teacher that you've been bullied, will the teacher do something to help?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 56. Do students at your school try to stop bullying when they see it happening?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 57. Do students from your school try to stop bullying when they see it happening?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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### 58. Do you get really bored at school?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 59. Do you finish all your school assignments?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 60. When you get a bad grade, do you try even harder the next time?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 61. Do you keep working and working on your schoolwork until you get it right?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 62. Do you keep doing your schoolwork even when it's really hard for you?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 63. Do you follow the classroom rules?

- A) No, never
- **B**) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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### 64. Do you follow the playground rules at recess and lunch times?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 65. Do you listen when your teacher is talking?

- A) No, never
- **B**) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 66. Are you nice to other students?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## 67. <u>During the past 30 days</u>, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

### 68. Do other kids hit or push you at school when they are not just playing around?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 69. Do other kids at school spread mean rumors or lies about you?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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#### 70. Do other kids from your school spread mean rumors or lies about you?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D)** Yes, all of the time

#### During the past year, did you ever bring a gun or knife to school? 71.

- A) No
- B) Yes

#### 72. Do other kids at school call you bad names or make mean jokes about you?

- No, never **A**)
- B) Yes, some of the time
- **C**) Yes, most of the time
- D) Yes, all of the time

#### Do other kids from your school call you bad names or make mean jokes about you? 73.

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

#### During the past year, have you ever seen another kid with a gun or knife at school? 74.

- No A)
- B) Yes

#### Do you feel safe at school? 75.

- A) No, never
- Yes, some of the time B)
- **C**) Yes, most of the time
- Yes, all of the time D)

### Do you feel safe on your way to and from school?

- A) No. never
- B) Yes, some of the time
- Yes, most of the time C)
- Yes, all of the time D)

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### 77. Have other kids at school ever teased you about what your body looks like?

- A) No
- B) Yes

78. Have other kids from your school ever teased you about what your body looks like?

- A) No
- B) Yes

### These next questions are about how you felt over the past <u>30 days</u>. Please choose the answer that best describes you.

### 79. Do you feel good and happy?

- A) No, never
- **B**) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 80. Do you feel sad?

- A) No, never
- **B**) Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

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### The next questions are about cigarettes, vaping, alcohol, and other drugs.

### Keep the following definitions in mind

- **One drink of alcohol** means drinking one regular size can/bottle of beer or hard seltzer, one glass of wine, one mixed drink, or one shot glass of liquor. Questions about alcohol do not include drinking a few sips of wine for religious purposes.
- **Drug** means any substance you use to get "high" or for reasons other than medical (as ordered by a doctor).

### 81. Have you ever smoked a cigarette?

- A) No
- B) Yes, I smoked a part of a cigarette, like one or two puffs
- C) Yes, I smoked a whole cigarette

### 82. Have you ever vaped?

- A) No
- B) Yes
- 83. Have you ever drunk beer, wine, or other alcohol?
  - A) No
  - B) Yes, I drank one or two sips
  - C) Yes, I drank a full glass
- 84. Have you ever sniffed something through your nose to get "high"?
  - A) No
  - B) Yes
- 85. Have you ever used any marijuana (smoke, vape, eat, or drink)?
  - A) No
  - B) Yes
  - C) I don't know what marijuana is
- 86. Do you think smoking cigarettes is bad for a person's health?
  - A) No, not bad
  - **B**) Yes, a little bad
  - C) Yes, very bad

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### 87. Do you think vaping is bad for a person's health?

- A) No, not bad
- **B**) Yes, a little bad
- C) Yes, very bad

### 88. Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?

- A) No, not bad
- B) Yes, a little bad
- C) Yes, very bad

### 89. Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?

- A) No, not bad
- B) Yes, a little bad
- C) Yes, very bad
- **D**) I don't know what marijuana is

### Here are questions about your home.

### 90. Does a parent or some other grown-up at home care about your schoolwork?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 91. Does a parent or some other grown-up at home believe that you can do a good job?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- **D**) Yes, all of the time

### 92. Does a parent or some other grown-up at home want you to do your best?

- A) No, never
- **B)** Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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#### Does a parent or some other grown-up at home ask if you did your homework? 93.

- A) No, never
- B) Yes, some of the time
- Yes, most of the time **C**)
- D) Yes, all of the time

#### Does a parent or some other grown-up at home check your homework? 94.

- A) No, never
- B) Yes, some of the time
- **C**) Yes, most of the time
- Yes, all of the time D)

#### Does a parent or some other grown-up at home ask if you did your schoolwork? 95.

- **A**) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

#### Does a parent or some other grown-up at home check your schoolwork? 96.

- A) No, never
- Yes, some of the time B)
- Yes, most of the time **C**)
- D) Yes, all of the time

#### Does a parent or some other grown-up at home ask you about school? 97.

- A) No, never
- Yes, some of the time B)
- Yes, most of the time **C**)
- Yes, all of the time D)

#### 98. Does a parent or some other grown-up at home ask you about your grades?

- A) No, never
- B) Yes, some of the time
- Yes, most of the time C)
- D) Yes, all of the time