









































## In-School Core Survey

*Please tell us how true each statement is of you.*

|  | Not At<br>All True | A Little<br>True | Pretty<br>Much True | Very<br>Much True |
|--|--------------------|------------------|---------------------|-------------------|
| 157. I usually expect to have a good day.                                | A                  | B                | C                   | D                 |
| 158. Overall, I expect more good things to happen to me than bad things. | A                  | B                | C                   | D                 |
| 159. I try to work out my problems by talking or writing about them.     | A                  | B                | C                   | D                 |
| 160. I trust my ability to solve difficult problems.                     | A                  | B                | C                   | D                 |
| 161. On most days I feel GRATEFUL.                                       | A                  | B                | C                   | D                 |
| 162. On most days I feel THANKFUL.                                       | A                  | B                | C                   | D                 |
| 163. On most days I feel APPRECIATIVE.                                   | A                  | B                | C                   | D                 |

*How true do you feel these statements are about your family and friends?*

|  | Not At<br>All True | A Little<br>True | Pretty<br>Much True | Very<br>Much True |
|--|--------------------|------------------|---------------------|-------------------|
| 164. There is an adult who really cares about me.                      | A                  | B                | C                   | D                 |
| 165. There is an adult who talks with me about my problems.            | A                  | B                | C                   | D                 |
| 166. There is an adult who helps me when I am having a hard time.      | A                  | B                | C                   | D                 |
| 167. I have a friend my age who really cares about me.                 | A                  | B                | C                   | D                 |
| 168. I have a friend my age who talks with me about my problems.       | A                  | B                | C                   | D                 |
| 169. I have a friend my age who helps me when I am having a hard time. | A                  | B                | C                   | D                 |

170. How many questions in this survey did you answer honestly?

- A) All of them
- B) Most of them
- C) Only some of them
- D) Hardly any