

Hybrid Core Survey

Please tell us how true each statement is of you.

	Not At All True	A Little True	Pretty Much True	Very Much True
148. I usually expect to have a good day.	A	B	C	D
149. Overall, I expect more good things to happen to me than bad things.	A	B	C	D
150. I try to work out my problems by talking or writing about them.	A	B	C	D
151. I trust my ability to solve difficult problems.	A	B	C	D
152. On most days I feel GRATEFUL.	A	B	C	D
153. On most days I feel THANKFUL.	A	B	C	D
154. On most days I feel APPRECIATIVE.	A	B	C	D

How true do you feel these statements are about your family and friends?

	Not At All True	A Little True	Pretty Much True	Very Much True
155. There is an adult who really cares about me.	A	B	C	D
156. There is an adult who talks with me about my problems.	A	B	C	D
157. There is an adult who helps me when I am having a hard time.	A	B	C	D
158. I have a friend my age who really cares about me.	A	B	C	D
159. I have a friend my age who talks with me about my problems.	A	B	C	D
160. I have a friend my age who helps me when I am having a hard time.	A	B	C	D
161. How many questions in this survey did you answer honestly?				
	A) All of them	B) Most of them	C) Only some of them	D) Hardly any