

Remote Core Survey

Elementary School

2020-2021

This survey asks about your behavior, experiences, and attitudes related to your school, health, and well-being, including while you are not attending school in person due to the novel coronavirus (COVID-19).

You do not have to answer these questions, but your answers will be very helpful in improving school and health programs. **You will be able to answer** whether or not you have done or experienced any of these things.

Please do not write your name on this form or the answer sheet. Do not identify yourself in any other way.

Please mark all of your answers on the answer sheet. Fill in the bubbles neatly with a **#2 pencil**. Do not write on the questionnaire. Mark only one answer unless told to *“Mark All That Apply.”*

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (you ever did something), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attention to these time periods.

Thank you for taking this survey!

Remote Core Survey

Your School Schedule

This year, some students have returned to their school buildings to attend school. Some students are working from home and not going to the school buildings at all. And some students are doing a combination of both.

1. Which of the following best describes your school schedule during the past 30 days?
 - A) I went to school in person at my school building for the entire day, Monday through Friday. [**In-School Model**]
 - B) I participated in school from home for the entire day on most or all weekdays and did not go to school in person. [**Remote Learning Model**]
 - C) I went to school in person at my school building for the entire day on some weekdays and participated in school from home on other weekdays. [**Hybrid Model**]
 - D) I went to school in person at my school building for half of the day and participated in classes from home during the other half of the day on most or all weekdays. [**Hybrid Model**]

2. Are you female or male?
 - A) Female
 - B) Male

3. What grade are you in?
 - A) 3rd grade
 - B) 4th grade
 - C) 5th grade
 - D) 6th grade

4. Did you eat breakfast this morning?
 - A) No
 - B) Yes

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5. On how many of the past 7 days did you exercise, dance, or play sports for 20 minutes or more?

- A) 0 days
- B) 1 day
- C) 2 days
- D) 3 days
- E) 4 days
- F) 5 days
- G) 6 days
- H) 7 days

6. On how many of the past 7 days did you talk to your friends by phone, computer, or tablet (iPad)?

- A) 0 days
- B) 1 day
- C) 2 days
- D) 3 days
- E) 4 days
- F) 5 days
- G) 6 days
- H) 7 days

7. What time did you go to bed last night?

- A) Before 7:00 pm
- B) 7:00–7:59 pm
- C) 8:00–8:59 pm
- D) 9:00–9:59 pm
- E) 10:00–10:59 pm
- F) 11:00–11:59 pm
- G) After 12:00 am

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8. What time did you wake up this morning?

- A) Before 5:00 am
- B) 5:00–5:59 am
- C) 6:00–6:59 am
- D) 7:00–7:59 am
- E) 8:00–8:59 am
- F) 9:00–9:59 am
- G) 10:00–10:59 am
- H) After 11:00 am

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The next questions ask about your experiences participating in school from home.

Participating in school from home means that, instead of going to a school building in person to learn and complete schoolwork, you did all your schoolwork and learning from home.

9. In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?
- A) 0 days
 - B) 1 day
 - C) 2 days
 - D) 3 days
 - E) 4 days
 - F) 5 days
10. On the average weekday, how much of your day did you spend learning and completing schoolwork from home?
- A) Less than 1 hour
 - B) Between 1 and 2 hours
 - C) Between 2 and 3 hours
 - D) Between 3 and 4 hours
 - E) Between 4 and 5 hours
 - F) More than 5 hours
11. What time did you start your schoolwork from home today? [Only if 1 = B or 12 = A]
- A) Before 7:00 am
 - B) 7:00–7:59 am
 - C) 8:00–8:59 am
 - D) 9:00–9:59 am
 - E) 10:00–10:59 am
 - F) 11:00–11:59 am
 - G) 12 pm or later

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12. **How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?**
- A) 0 days
 - B) 1 day
 - C) 2 days
 - D) 3 days
 - E) 4 days
 - F) 5 days
13. **In the past 30 days, how often did you miss an entire day of school from home for any reason?**
- A) I did not miss any days of school from home in the past 30 days
 - B) 1 day
 - C) 2 days
 - D) 3 or more days
14. **Are you interested in the schoolwork you do from home?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
15. **Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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The next questions ask about your relationships with people at school and your learning experiences.

- 16. Do the teachers and other grown-ups from your school check on how you are doing?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 17. Do the teachers and other grown-ups at school care about you?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 18. Do the teachers and other grown-ups at school tell you when you do a good job?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 19. Do the teachers and other grown-ups at school ask you about your ideas?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 20. Do your teachers ask you what you want to learn about?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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- 21. How well do you do in your schoolwork?**
- A) I'm one of the best students
 - B) I do better than most students
 - C) I do about the same as others
 - D) I don't do as well as most others
- 22. Do the teachers and other grown-ups at school listen when you have something to say?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 23. Do the teachers and other grown-ups at school believe that you can do a good job?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 24. Do the teachers and other grown-ups at school make an effort to get to know you?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 25. Do the teachers and other grown-ups at school want you to do your best?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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26. Does your school teach students to understand how other students think and feel?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
27. Do you finish all your school assignments?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
28. Do you keep working and working on your schoolwork until you get it right?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
29. Do you keep doing your schoolwork even when it's really hard for you?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
30. During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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**These next questions are about how you felt over the 30 days.
Please choose the answer that best describes you.**

31. Can you do most things if you try?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

32. Do you feel good and happy?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

33. Do you try to work out your problems?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

34. Are there many things you do well?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

35. Do you feel sad?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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36. Do you know where to go for help with a problem?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

37. Do you try to work out your problems by talking or writing about them?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

38. When you need help, do you find someone to talk with about it?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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Here are questions about your home.

- 39. Does a parent or some other grown-up at home care about your schoolwork?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 40. Does a parent or some other grown-up at home believe that you can do a good job?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 41. Does a parent or some other grown-up at home want you to do your best?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 42. Does a parent or some other grown-up at home ask if you did your schoolwork?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
- 43. Does a parent or some other grown-up at home check your schoolwork?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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44. Does a parent or some other grown-up at home ask you about school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

45. Does a parent or some other grown-up at home ask you about your grades?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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Please tell us how true each statement is for you over the 30 days.

46. I have a friend my age who really cares about me.

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

47. I have a friend my age who helps me when I am having a hard time.

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

48. I have a friend my age who talks with me about my problems.

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true